

The Wizardry of Milk

Characters:

The Wizard
Two Acrobats
Three Singing Girls
A Dancing Girl
A Soldier
A Sailor
A Doctor
A Nurse
A Fireman
A Farmer
A Farmerette
A mother with a baby carriage
An Old Couple
Child 1

Costumes:

The costumes in this play are easily procured and few would have to be specially made.
The Old Man has a gray cotton beard and hair.
The Soldier wears a Boy Scout uniform
The Acrobats wear jerseys, long stockings and trunks made from bloomers.
The Wizard's long cream-white gown, cape and pointed hat are decorated with black paper cows and half-moons.

Props: A huge cardboard milk bottle in center of stage.

(Wizard enters)

WIZARD: I am the Wizard of Milk and I am going to show you something wonderful. When I clap my hands, watch the milk bottle! *(Wizard claps hands and from each side of the bottle an acrobat comes bounding out. They bow. They proceed: 1) to turn somersaults; 2) then the wheelbarrow (one acrobat walks on hands while the other holds the feet). 3) One acrobat takes up a large ball marked "100 lbs." and lifts it slowly with both hands, showing the "strain" on his face, finally, holding it triumphantly in one hand, he tosses it to the other. They toss and catch it several times. 4) They wrestle, in the midst of which Wizard calls out :)*

WIZARD: Stop, aren't you tired?

ACROBATS: No, we are not tired!

WIZARD: Why aren't you tired?

ACROBATS: *(Triumphantly.)* Because we drink at least a pint of milk a day! *(They bow and step, one to the right and one to the left of the stage.)*

(Wizard claps again and three girls come skipping out from behind the milk bottle. They bow, then sing two songs. When they have finished, Wizard says:)

WIZARD: How well you sing! But aren't you tired?

THREE SINGING GIRLS: No, we are not tired. We could sing all day long.

WIZARD: Why aren't you tired?

THREE SINGING GIRLS: Because we drink at least a pint of milk a day! *(The two girls then stand beside Acrobat at left, the third girl beside Acrobat at right of stage.)*

(Wizard claps hands again and from behind the milk bottle comes a little girl who bows, then does a little dance. When she finishes Wizard says:)

WIZARD: How beautifully you dance! But aren't you tired?

DANCING GIRL: Oh, no, I am not tired. I drink at least 2 glasses of milk a day. *(Dancer then stands next to two children at the right.)*

WIZARD: *(Turning to audience.)* Now I am going to show you what you can be when you are big, if you drink at least a pint of milk a day when you are little.

SOLDIER AND SAILOR: *((Step out from behind the milk bottle in response to a clap from Wizard. Saluting.))* We must be strong to serve our country.

DOCTOR: *((Steps out from behind the milk bottle, carrying a bag, in response to a clap from Wizard.))* I must be strong to keep people well.

NURSE: *(Steps out from behind the milk bottle in response to a clap from Wizard.)* I must be strong to help the doctor keep people well.

FIREMAN: *(Step out from behind the milk bottle in response to a clap from Wizard.)* I must be strong to save lives and property.

FARMER AND FARMERETTE: *(Step out from behind the milk bottle in response to a clap from Wizard.)* We must be strong to raise crops to feed people.

MOTHER WITH BABY: *(Steps out from behind milk bottle in response to a clap from Wizard.)* I must be strong so that Baby can be strong.

OLD COUPLE: (*Step out from behind the milk bottle in response to a clap from Wizard*) We have been strong and healthy all our lives. (*Slowly take their places in space left between Nurse and Fireman.*)

ALL: Tell us how!

OLD COUPLE: By drinking at least a pint of milk a day.

(*All characters exit except Wizard.*)

WIZARD: I have something more to show you. When I clap my hands watch what will come. (*He claps his hands and a number of children carrying health posters in front of them line up across the stage.*) Where did you get these fine pictures?

CHILD 1: We had a health drive in our school and our drawing teacher, Miss Schaefer, showed us how to make them.

WIZARD: (*To audience.*) I'll read them to you. (*Reading.*)

“To be a healthy and strong child, sleep nine or ten hours each night. Do you?”

“Milk makes her happy and healthy.”

“Every child needs at least two glasses of milk a day.”

“Mother gives me fruit instead of candy.”

“Eat three regular meals a day.”

“Eat at the same hour each day.”

“Oatmeal made me strong.”

“Milk and eggs are good for children.”

“Clean your teeth night and morning.”

“Eat fresh fruit every day.”

“I'm hungry—bread and butter and milk for me!”

“Sleep with your windows open.”

(*Wizard turns to audience, shaking his finger and solemnly says:*) Follow these rules and you will be healthy all your days.

The End