

The Magic Milk Game

CHARACTERS:

Every Child

Health Child

Milk (dressed as a magician)

The Inhabitants of “Milk Land” (each wears a poster bearing a cow and their name.)

-Protein

-Fat

-Sugar

-Lime

-Vitamins (3 children)

SCENE

EVERY CHILD: Oh, dear! I have tried so hard to get a place on the school baseball team, and yet I failed because I am too light. I wonder how I can gain weight.

MILK: Ha! Every Child, it’s a great game—gaining weight. Not hard if you really know how.

EVERY CHILD: What is this game? Perhaps I know it.

MILK: The Milk Game!

EVERY CHILD: The Milk Game! Ha! Ha! Ha! That is only every baby’s game. Ha! Ha! Ha!

MILK: No, no, Every Child. It is not only every baby’s game, but every child’s. I am the great magician, Milk. I have power beyond all other foods to build the bodies of boys and girls. Let me show you my great power. With my magic wand, I will call my helpers from “Milk Land.”

EVERY CHILD: I am ready. Show me the wonderful people of your land.

(Milk waves his wand. Protein, Fat, Sugar, Lime, and the 3 Vitamins come in, form a line facing the audience, and speak together.)

THE INHABITANTS OF “MILK LAND”: We are the magic inhabitants of “Milk Land.”

(Now, each individual steps forward in turn and speaks.)

PROTEIN: *(Stepping forward.)* People call me Protein. I bring you energy and strength for your work and play. You find me in the thick curd of sour milk and in cheese.

FAT: Folks call me Fat. I give heat to help keep you warm.

SUGAR: I am called Sugar. I work with brother Fat to make you warm and strong.

LIME: Lime is my name. No one can do without me. I am necessary to every child in order to have strong bones and firm, white teeth.

VITAMINS: *(Together.)* We are the little mysterious triplets. We have the magic power of making the body of every child grow.

MILK: My helpers stand before you, Every Child. You need them all—Protein, Fat, Sugar, Lime, and the Vitamins. Do you not think they are wonderful players?

EVERY CHILD: How is the “Milk Game” played?

MILK: Take at least one pint of milk a day. Drink me alone, or take me in cocoa, creamed vegetables or puddings. I am ready for your answer.

(Health Child walks in and stands beside Every Child)

HEALTH CHILD: Just look at me. I have always played the “Milk Game.”

EVERY CHILD: I choose you, Milk, for my weight gainer. *(Turns to audience.)* I promise that the magic “Milk Game” will be played every day by Every Child.

THE END