

The House That Health Built

Characters: Six children, each carrying a chart.

Props: The following Charts:

- 1) A chart with a picture of a well-nourished girl*
- 2) A chart with a picture of a pint of milk*
- 3) A chart with a picture of cereals*
- 4) A chart with a picture of vegetables*
- 5) A chart with a picture of eggs, fish and meat*
- 6) A chart with a picture of fruit*

(The construction follows the style of "The House that Jack Built." Each girl repeats her lines after the girl following her has said her part, thus; after Girl 2 finished, Girl 1 repeats, but using slightly different words. After Girl 6, both Girl 2 and Girl 1 again repeat [using the changed words]. This continues until all have repeated at the conclusion of Girl 6's part. Then all recite together, at the close of which the food charts are extended which conceal the Girls. The last message thus is carried by the charts themselves.)

GIRL 1: To make the girl so happy and gay
who lives in the house that health built.

GIRL 2: To eat with the milk – a pint a day – that contains a little fairy fay.

GIRL 1: This is the girl so happy and gay who lives in the house that health built.

GIRL 3: Besides the cereals, full of food to make this girl grow well and good.

GIRL 2: This is the milk – a pint a day – that contains a little fairy fay.

GIRL 4: With the vegetables, especially the green, that contain a magic called vitamin.

GIRL 3: These are the cereals, full of food, to make this girl grow well and good.

GIRL 5: As well as the eggs, the fish and the meat, a little of which each day she may eat.

GIRL 4: These are the vegetables, especially the green, that contain a magic called vitamin.

GIRL 6: As well as the fruits, she loves every kind; if served thrice a day, she wouldn't mind.

GIRL 5: These are the eggs, the fish and the meat, a little of which each day she may eat.

GIRL 1: This is the girl, so happy and gay, who lives in the house that health built.

GIRL 2: This is the milk – a pint a day – that contains a little fairy fay.

GIRL 3: These are the cereals, full of food, to make this girl grow well and good.

GIRL 4: These are the vegetables, especially the green, that contain a magic called vitamin.

GIRL 5: These are the eggs, the fish and the meat, a little of which each day she may eat.

GIRL 6: These are the fruits; she loves every kind. If served thrice a day, she wouldn't mind.

ALL GIRLS:

If you wish to be healthy
And happy and free,
Just remember my word
And be sure to eat me.

The End